

MONTHLY HEALTHY COOKING DEMO



Sutter County Public Health's CalFresh Healthy Living Program and Blue Zones Project Yuba Sutter are bringing FREE cooking demo's to the community at the Sutter County Library. Come join us and learn about different healthy cultural cuisines, sample food, and receive information on local resources.

Location: Sutter County Library
750 Forbes Ave, Yuba City CA 95991

Dates/Time:

07/17/25 - 5:30pm - 7:00pm

08/21/25 - 5:30pm - 7:00pm

09/18/25 - 5:30pm - 7:00pm

10/16/25 - 5:30pm - 7:00pm

Funded by USDA SNAP, an equal opportunity provider and employer. Visit CalFreshHealthyLiving.org for healthy tips.

