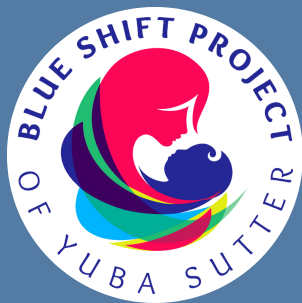


Envisioning the Shift

A Maternal Mental Health Conference



FRIDAY, MAY 19, 2023

8:30 am-3:00 pm

**Yuba County Government Center
915 8th Street, Marysville CA 95901**

For Clinical Providers, Nurses, Home Visitors, Family Support Staff, Advocates and more!

Scan me



bit.ly/Shift23

Register today!

For more information
Call 530-749-4877

Sponsored by:



**SUTTER COUNTY
CHILDREN
FAMILIES
COMMISSION**

**FIRST5
YUBA COUNTY
Children and Families Commission**



**HEALTH &
HUMAN
SERVICES
OF YUBA COUNTY**

**SUTTER-YUBA
BEHAVIORAL HEALTH
BELIEVES
Empowering Healthy Communities**



Aviril Sepulveda

OTD, MS, OTR/L, BCP, SCFES, IBCLC
Nurture Collective



Rebecca Johnson,

LMFT, 99028
COO, Dancy Perinatal

Envisioning the Shift: A Maternal Mental Health Conference

AGENDA

FRIDAY, MAY 19, 2023

8:30 am-3:00 pm

Yuba County Government Center
915 8th Street, Marysville CA 95901



8:30-9:00 am

Breakfast & Networking

9:00-9:30 am

Keynote

Avril (Apple) Sepulveda

Co-founder of Nurture Collective

9:30-10:30 am

Gaps and Challenges: First-hand experience

Panel discussion facilitated by Meredith Evans

Director of Behavioral Health, Peach Tree Clinics

10:30-10:45 am

Break

10:45-12:00 pm

Taking Action

Blue-Shift Project Breakout Groups

Facilitated by Aviril (Apple) Sepulveda

12:00-1:00 pm

Lunch (provided on-site)

1:00-2:45 pm

Real-World Assessments & Referrals

with Rebecca Johnson, LMFT of Dancy Perinatal

2:45-3:00

Recap and Closing