

**BEFORE THE BOARD OF SUPERVISORS
COUNTY OF SUTTER, STATE OF CALIFORNIA**

A RESOLUTION OF THE SUTTER)
COUNTY BOARD OF SUPERVISORS)
AFFIRMING SUPPORT FOR THE BLUE)
ZONES PROJECT AND APPOINTING A)
REPRESENTATIVE TO SERVE ON THE)
BLUE ZONES PROJECT YUBA SUTTER)
STEERING COMMITTEE)

RESOLUTION NO. 22-023

WHEREAS, improving the overall well-being of the residents of Sutter County will improve productivity, lower healthcare costs, and improve the economy; and

WHEREAS, rates of obesity and healthcare costs have increased significantly, and employers cite health and well-being as a concern with employees; and

WHEREAS, Blue Zones are communities that have been identified as having populations that live measurably longer, happier lives with lower rates of chronic diseases and a higher quality of life than the average; and

WHEREAS, the 89th US Conference of Mayors passed a resolution supporting Blue Zones Community Wellbeing Initiatives; and

WHEREAS, In January 2021 the Office of the Surgeon General and the United States Department of Health and Human Services released a Community Health and Economic Prosperity report that raised awareness to business leaders of the advantage of investing in community health for the health of their businesses and the health of their local economy. The report shows the return on investment in community well-being is economic development, including more prosperity and happiness for individuals, organizations, and the community at large; and

WHEREAS, the Yuba Sutter Blue Zones Project is a community-wide, evidence based approach that seeks to improve the well-being of communities by applying best practices to make the healthy choice the easy choice through built environment, food, and tobacco policy change; environmental changes within worksites, schools, restaurants, grocery stores, and faith/civic organizations; and engagement activities that promote social support for healthy behaviors, volunteering, and purpose.

NOW, THEREFORE, BE IT RESOLVED that the County of Sutter recognizes and supports the Blue Zones Project and urges staff to recognize and lend appropriate support to the Blue Zones Project so that the entirety of Sutter County may become a Blue Zone where residents live measurably longer and happier lives.

BE IT FURTHER RESOLVED that the County Board of Supervisors appoints Supervisor Mike Ziegenmeyer to serve on the Yuba Sutter Blue Zones Project Steering Committee.

PASSED AND ADOPTED by the Board of Supervisors of the County of Sutter, State of California, this 22nd day of March 2022, by the following vote:

AYES: Supervisors Micheli, Flores, Ziegenmeyer, Bains and Conant

NOES: None

ABSENT: None



MIKE ZIEGENMEYER, CHAIR
BOARD OF SUPERVISORS

ATTEST:
DONNA M. JOHNSTON, CLERK

By 
Deputy

